

Advisory Process:



Why Careers in Medicine (CiM)?

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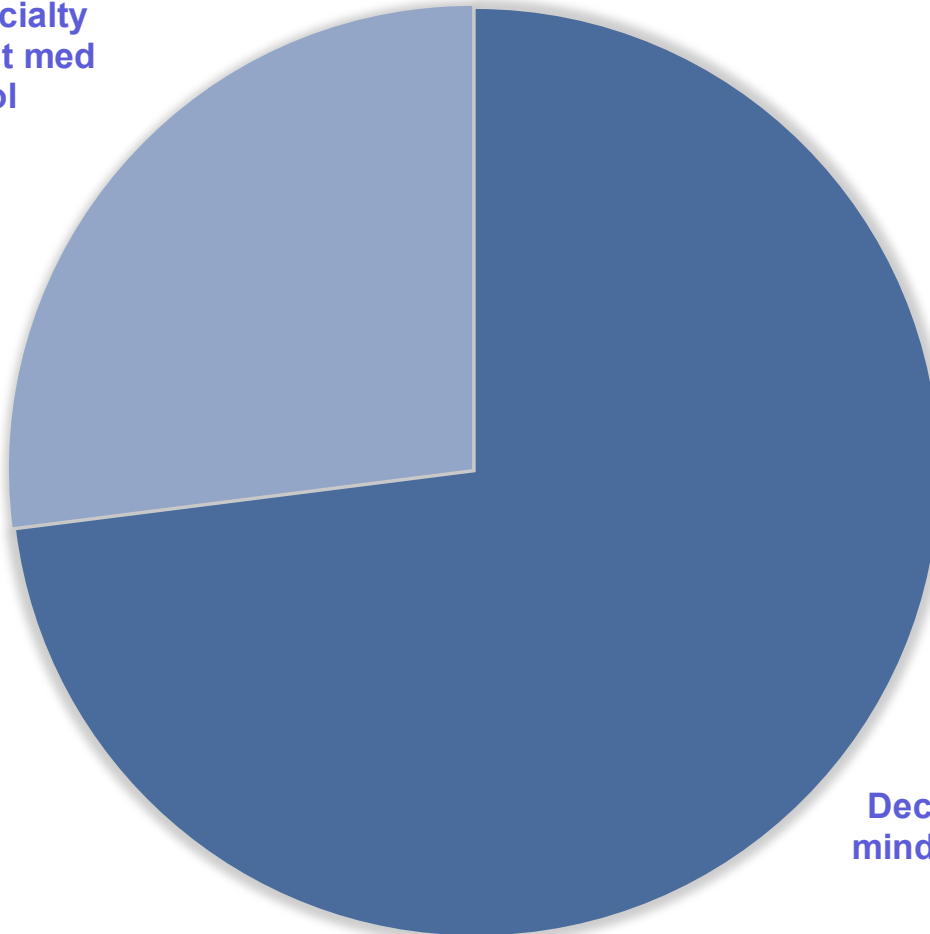


Why CiM?

- Choosing your medical specialty is not as easy as you might think
- You are likely to ...
 - change your mind about specialty
 - or not decide until M3 or M4

MEDICAL STUDENTS' SPECIALTY CHOICE

Same specialty
throughout med
school
27%



Decide/Change
mind during med
school
73%

Why CiM?

Common
Misconception:

“There is no way
to learn about
specialties until
you start clinical
clerkships”.

The Truth:

“We have ways!”

Why CiM?

- To practice your chosen specialty, you first complete residency training in that specialty
- To secure this “GME” training, you apply after core clerkships (M3).



Jot down: If I had to choose today...



- **Specialty?**
- **Patient Population? (ages, genders, needs?)**
- **Inpatient? Outpatient? Both? Neither?**

Why CiM?

Early in medical school we want you to consider...

- specialty and
- practice options

... to avoid stress and to prepare for the residency application process

Why CiM?

Getting help from informed, reliable, and trusted sources will:

1. enable a well-informed decision, and
2. maximize your chances to match



How CiM can help.

CiM helps you confidently and & effectively ...

- Identify your goals - education, career, and life
- Explore options
- Choose a specialty that fits
- Select & apply to GME programs that fit
- Make well-informed career decisions



What factors might influence your specialty choice?

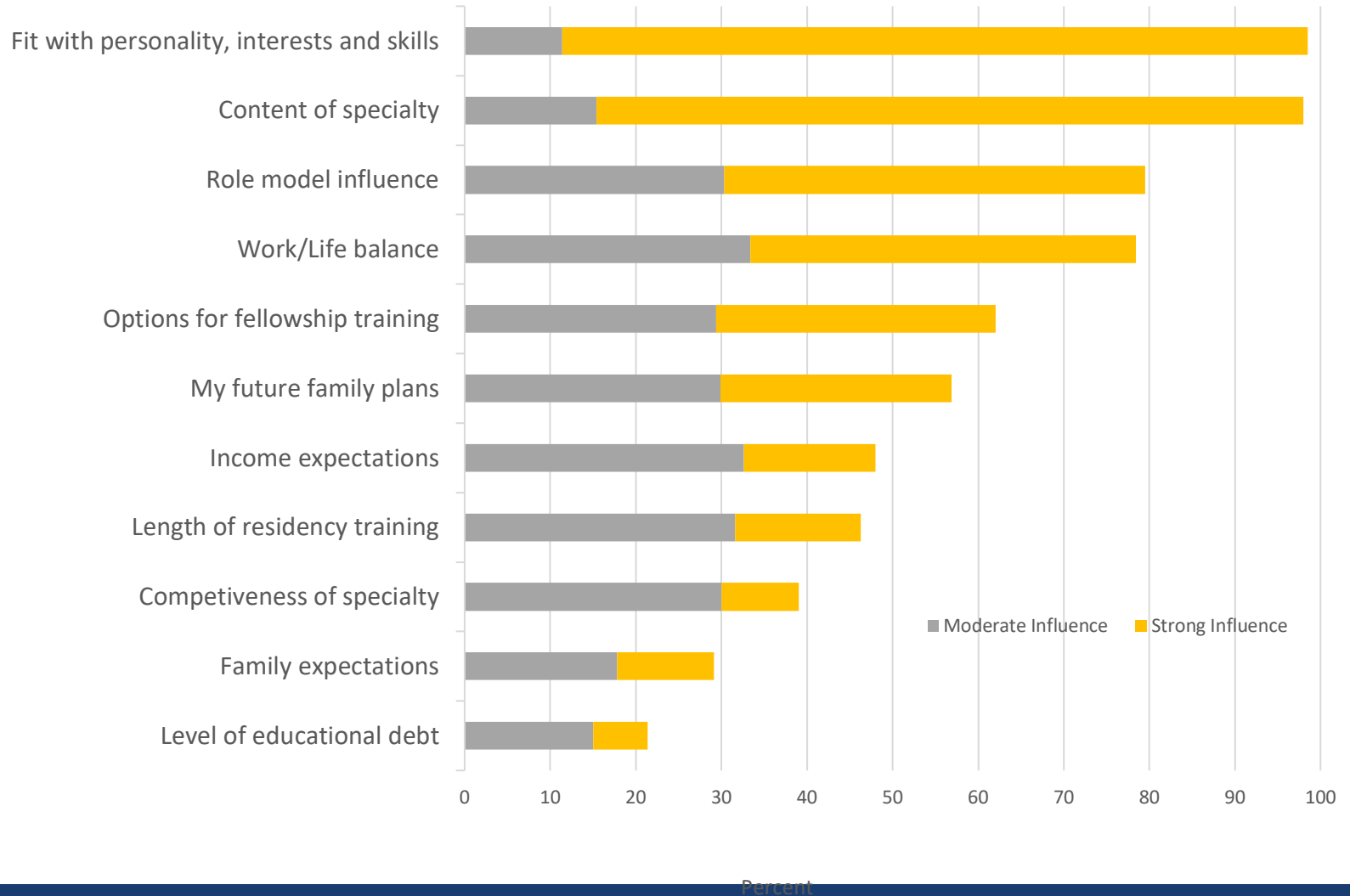


- Patient factors?
- What have you seen or experienced?
- Acuity of care?
- Longitudinal relationships?
- Your characteristics?

Thoughts ?
Pair & Share.



Factors Influencing Specialty Choice

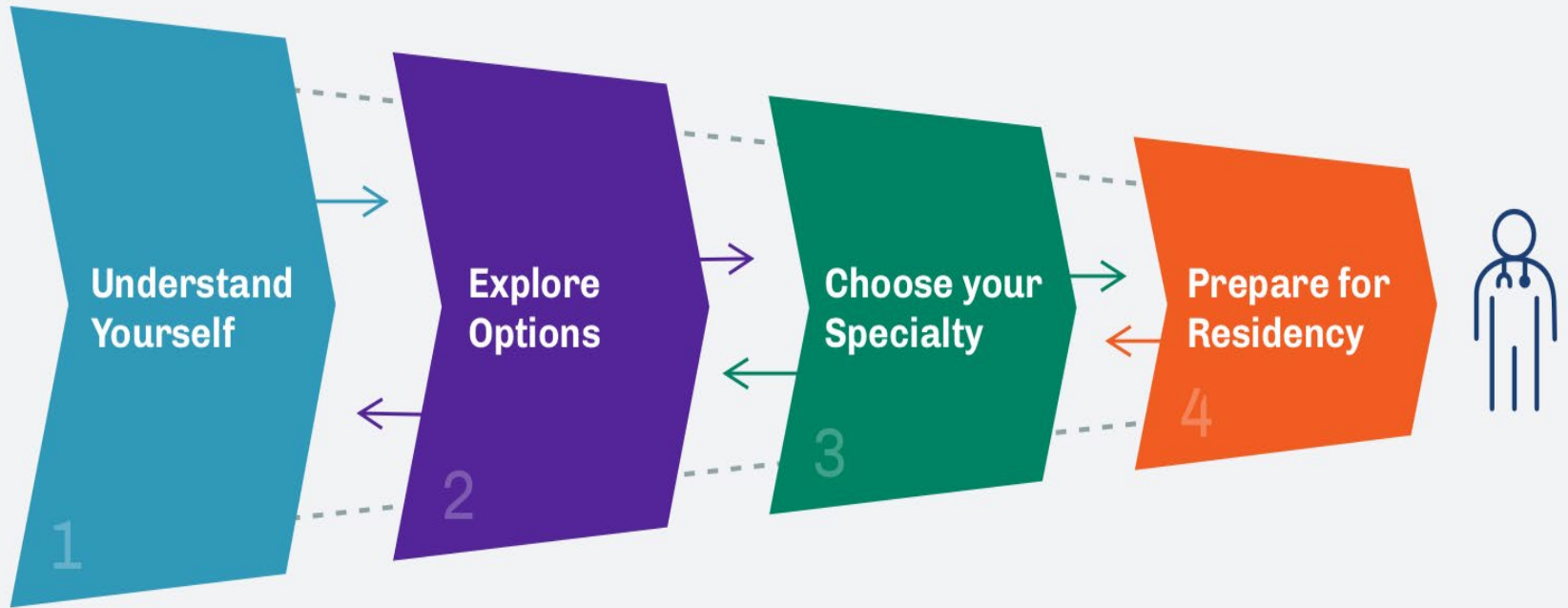


Source: 2021 AAMC Graduation Questionnaire



CiM Career Planning Model

Guide pg. 4



Partner with your General Advisor

Get Specialty Advisor



Careers in Medicine

Choosing a medical specialty is one of the most significant decisions you'll make. **We can help.**

Learn if you are eligible for a free subscription.

HOW TO ACCESS ▶



1. Understand Yourself

Self-exploration is essential to a satisfying specialty choice



2. Explore Options

Knowing about all career options that exist ensures well-informed decisions



3. Choose Your Specialty

Making a career choice that makes you happy is harder than you think



4. Prepare for Residency

Much is involved in a the transition from applying to arriving at residency

THE 4 PHASE MODEL ▶



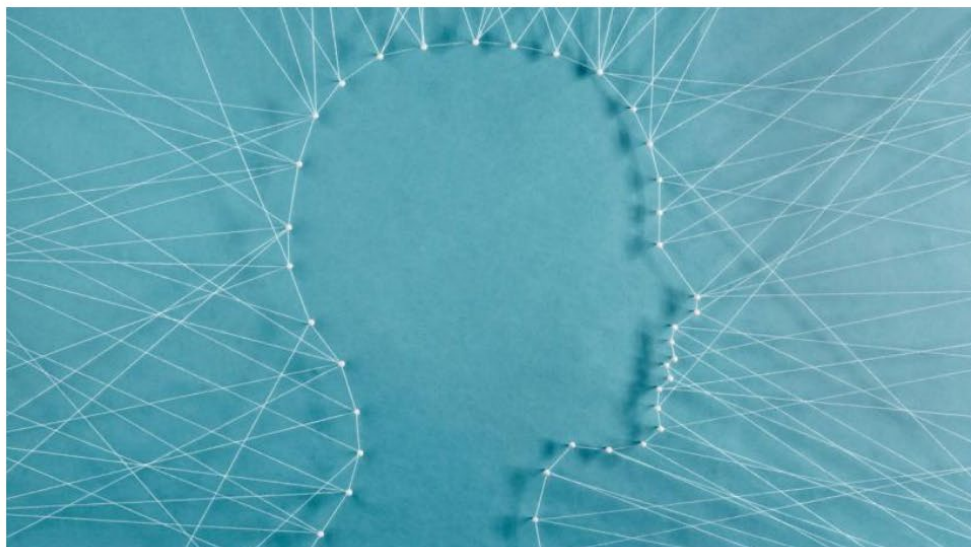
Careers in Medicine

CiM Home / Understand Yourself

Understand Yourself

Phase 1

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Understanding the phase: Understand Yourself

Discovering who you are and identifying what you want for your future requires much thought over time.


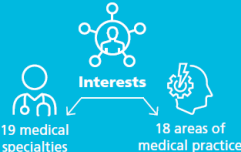


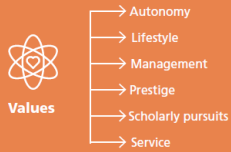


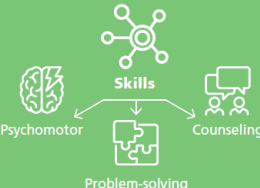




Assessment Dashboard

Access all CiM assessments and view your assessment results here.

AT A GLANCE:

Careers in Medicine[®] Assessments

Careers in Medicine[®] (CIM) assessments focus your specialty exploration in an organized and efficient way. Take each assessment more than once to note the evolution of your thinking.

Assessment	Asks	Benefits	Measures	Length
Medical Specialty Preference Inventory (MSPI)	<i>What do I like to do in medicine?</i>	 <p>Creates awareness of specialty options and provides personalized specialty recommendations</p>	 <p>19 medical specialties</p> <p>18 areas of medical practice</p>	 <p>20-30 minutes to answer 150 questions</p>
Physician Values in Practice Scale (PVIPS)	<i>What in medicine is personally meaningful and satisfying to me?</i>	 <p>Identifies values vital for well-informed specialty decisions and helps to articulate values in application process</p>	 <p>Values</p> <ul style="list-style-type: none"> → Autonomy → Lifestyle → Management → Prestige → Scholarly pursuits → Service 	 <p>10-15 minutes to answer 60 questions</p>
Physician Skills Inventory (PSI)	<i>What am I good at, and how can I improve?</i>	 <p>Identifies skills to develop for specific specialties, and illuminates choices</p>	 <p>Psychomotor</p> <p>Counseling</p> <p>Problem-solving</p>	 <p>5-10 minutes to answer 47 statements</p>
Specialty Indecision Scale (SIS)	<i>Why can't I decide?</i>	 <p>Identifies strategies and actions to overcome obstacles for specialty decision-making</p>	 <p>Decision-making obstacles</p> <ul style="list-style-type: none"> → Readiness → Information → Identity → Barriers → Indecisiveness → Self-doubt 	 <p>10-15 minutes to answer 35 questions</p>

Explore Options

AAMC.ORG | STUDENTS & RESIDENTS SITE | CAREERS IN MEDICINE (CIM) | AAMC STORE | HELLO, KELLY

AAMC | Careers in Medicine

Home | Understand Yourself | **Explore Options** | Choose Your Specialty | Prepare for Residency | Advisors and Liaison | Quick Links

Explore Options >

Gather Information	Gain Experience	Specialty Options	Practice Options
Research Your Options	Clinical and Research Experience	Specialty Profiles	Settings and Environments
Talk to Others	Clinical and Research Opportunities Database	Specialty Spotlights	Administration
	Educational Experience	Compare Specialties	Research
	Licensing Exams		Teaching
			Military Medicine
			Other Options

THE 4 PHASE MODEL >

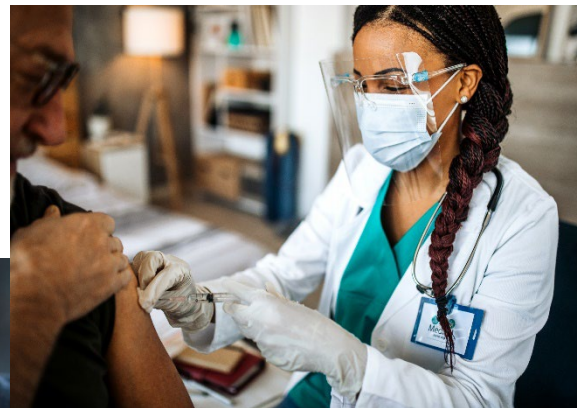
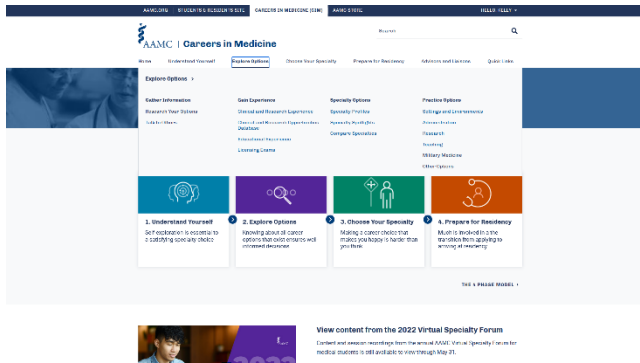
- 1. Understand Yourself**
Self-exploration is essential to a satisfying specialty choice
- 2. Explore Options**
Knowing about all career options that exist ensures well-informed decisions
- 3. Choose Your Specialty**
Making a career choice that makes you happy is harder than you think
- 4. Prepare for Residency**
Much is involved in the transition from applying to arriving at residency



View content from the 2022 Virtual Specialty Forum

Content and session recordings from the annual AAMC Virtual Specialty Forum for medical students is still available to view through May 31.

Explore Options – How might you do so?



**Advisor Discussions
Student Interest Groups
Lunch and Learns
Community Engagement
Web sites and more!**



Careers in Medicine

CiM Home / [Choose Your Specialty](#)

Choose Your Specialty

Phase 3

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Making your specialty decision

There is no magic formula to decision making. This is especially true when deciding on something as important as your career. Different people have different strategies for making important decisions. Some use a systematic approach such as weighing pros a

[LEARN MORE >](#)

“When do I actually have to choose my specialty?”



After M3



Careers in Medicine

[CIM Home](#) / [Prepare for Residency](#)

Prepare for Residency

Phase 4

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Overview: Applying to residency

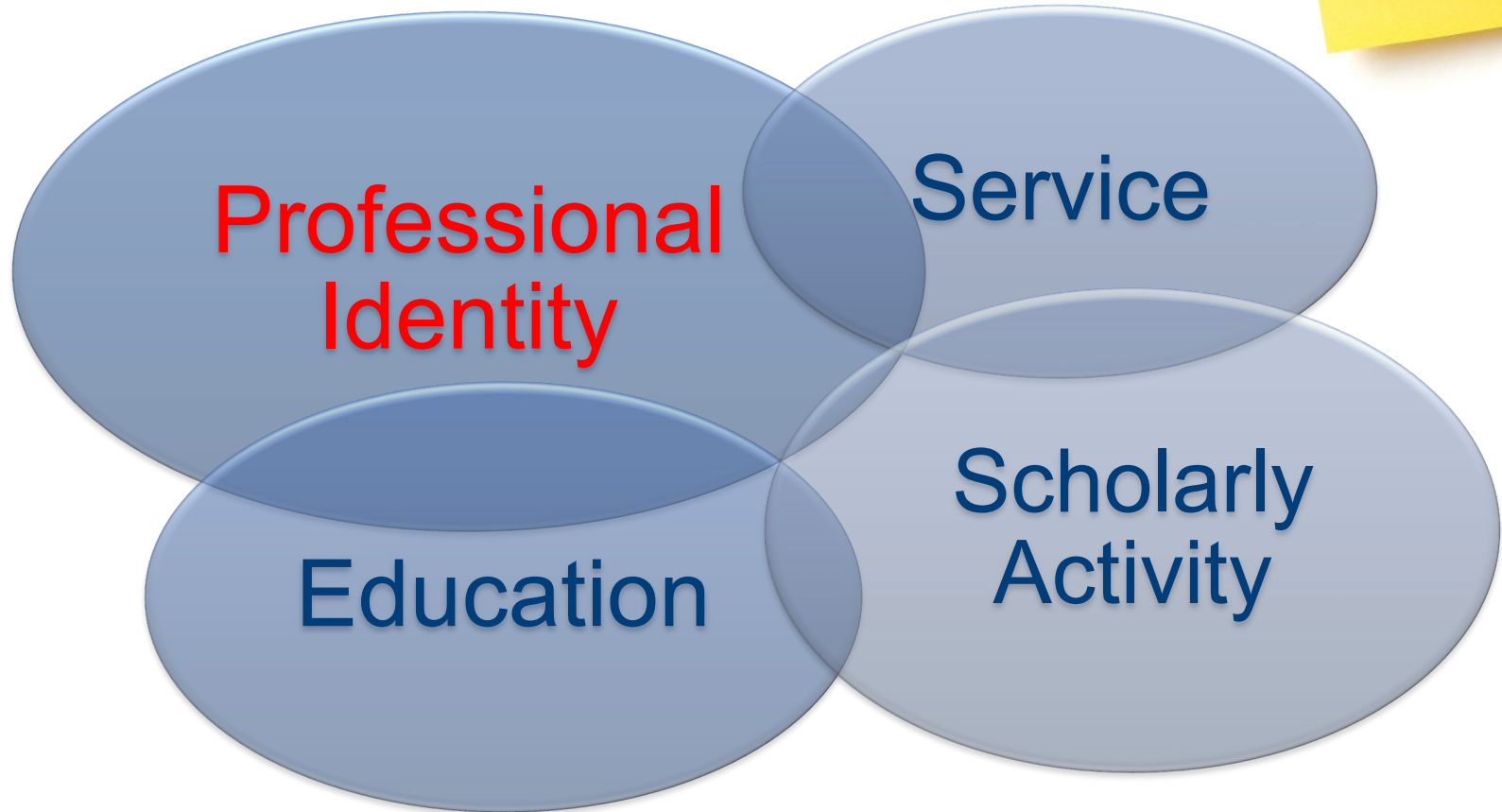
Here's an overview of what to expect as you begin the application process.



Apply Smart for Residency

Match Day will be here before you know it! The residency application process is complex – and there are steps you can take to help improve your chances of a

Your Personal and Professional Development: building you and your CV



“I am a human being becoming”

Advising at UofSC SOM Columbia

1. You have been assigned to a general advisor.
2. You will have dinner with your advisor or a student affairs faculty member during orientation.
3. We will introduce you to the Career Advising page in Blackboard!



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**Student Affairs and
Career Development**

Careers in Medicine – Start Here!

